

## Otago Regional Family Whanau Network Meeting Minutes

March 17 2011

Minutes taken by Maria Hamelink

Meeting Started 1pm

Present: Maryse Stanton, Janet Shanks, Gonda Stoop, Joan Padget, Phyllis Lee, Helen Ward, Fiona Panirau, Celeste Melhop, Sandy Dawson, Val Dockerty, Ivan Smithies, Elizabeth Smithies, Colleen Howard, Maria Hamelink.

Apologies: Pat Perkins, Anne Harrex

Minutes of previous meeting read. No further discussion on these.

Discussion points:

- Feedback to DHB should be after each meeting rather than 6 monthly now that Mental Health planning and funding group now in action.
- Justice act overriding medication compliance. Records from EPS not being utilized in prison service.
- USA looking at introducing mental health topics at a younger age, ie schools. Mental Health Literacy campaign through Public Health South going to workplaces and could be adapted for high schools.
- Aging population worried about their children with Mental Illness, who is going to be responsible for them when they pass on.
- Key worker not appearing to do much other than give out medication. Discussion around other health issues, side affects of medication and shortened life span in people with Mental Illness.
- People being identified by labels or illness rather than as a person.
- More care required for mentally ill in hospital level aged care facilities.
- Lack of promotion from local media and MPs regarding mental health.
- Discussion regarding consistency of care when clients moving from one area to another.
- Bridge/CADS/Moana House programmes very successful.
- Credit to Balclutha key worker.

Presentation by Val Dockerty about the wellness, recovery action plan (WRAP)

Next meeting to be in Dunedin. Will be advised by SF Otago.

Meeting Closed 2.30pm